

Frostbite 5k
December 22, 2007
Kannapolis YMCA

Overall Female

Michelle Howell **19:24**

Female 10-14

1. Katherine Shields 21:01
2. Emily Shields 24:27
3. Lisa Bruno 37:13

Female 15-19

1. Amiée Patterson 31:07

Female 20-24

1. Rachael Mulcahy 42:17

Female 25-29

1. Nikki Wolcuff 27:25
2. Monika Aammill 31:20
3. Katrina Johnson 34:19
4. Angela Frady 38:55
5. Susan Love 39:79

Female 30-34

1. Tiffany Dunn 26:17
2. Sara Breeggemann 27:85
3. Kristen Waugh 28:17
4. Christina Meyers 32:20
5. Angie Short 32:39
6. Jada Brennan 37:38
7. Amy Pittman 40:49

Female 35-39

1. Angie Pilkington 20:59
2. Jina Almond 24:20

Overall Male

Brett Howell **16:29**

Male 10-14

1. Casey Buddenbaun 19:54
2. Hunter Weikle 20:06
3. Chris Norris 30:35
4. Austin Todd 37:22
5. Auden Brennan 37:77

Male 15-19

1. Jeremy Dickie 18:46
2. Alden Ferdon 20:48
3. Matt Mitchem 27:43
4. Matt Zeblo 34.08

Male 20-24

1. Troy Smith 21:25
2. Christopher Dow 22:20
3. Marc Bachman 23:06
4. Jacob Ivey 28:16

Male 25-29

1. Ben Dickie 18:06
2. Jason Morton 22:49
3. Cameron Ek 24:39
4. Paul Warren 32:29

Male 30-34

1. Brian Schultz 20:25
2. Kevin Beam 21:37
3. Michael Dunn 23.40
4. Brendon McNeirney 24:06
5. David Baucom 24:54
6. David Johnson 25:20
7. Heath Perry 26:22
8. Jeff Franklin 31:22

Male 35-39

1. Robert Miller 16:35
2. Alan Thompson 20:38

3. Charmane Readling	26:36
4. Dina Cogan	30:52
5. Kathi Landis	31:21
6. Patrice Mosher	33:29
7. Beth Burke	36:49
8. Shannon Todd	37:28

3. Bryan Chambers	22:32
4. Greg Sember	23:58
5. John Lyons	26:11
6. Brad Short	26:15
7. Kevin Moderow	27:18
8. Kevin Johnson	35:01
9. Paul Bruno	37:14
10. Gary Brennan	37:38

Female 40-44

1. Stacey Wood	22:11
2. LanaTorkildsen	22:39
3. Susan Moore	25:34
4. Jane Falls	30:22
5. Tammy Hoyle	31:25
6. Wendy Smith	31:46
7. Carletta Kluttz	35:56
8. Phyllis Tydings	40:23

Male 40:44

1. Tim Brouillette	21:45
2. Ricky Lilly	24:06
3. Lawrence Doughton	24:56
4. Paul Walenesky	27:31
5. John Bullins	30:56
6. Junior James	32:27

Female 45-49

1. Trudy Gale	23:26
2. Kim Moore	36:00

Male 45-49

1. Patrick Wittekind	18:48
2. Chip Graham	20:36
3. Dana Jarrett	22:33
4. Jeff Ferdon	22:59
5. Dale Frederiksen	26:55
6. Karl Buddenbaun	28:22
7. Kevin McDonald	28:54

Female 50-54

1. Teresa Carey	24:09
2. Karen Bryant	29:00
3. Liane Ivey	33:15
4. Katie Freid	34:04
5. Patricia Beals	35:42
6. Alisha Wilson	41:54
7. Kathy Gillespie	50:26

Male 50-54

1. Danny Page	22:10
2. Dwight Howell	23:20
3. Danny Senn	24:53
4. Tom Torkildsen	28:11
5. Terry Mitchell	30:56
6. Ken Hoyle	31:27

Female 55-59

1. Elizabeth Kimberly	36:18
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Male 55-59

1. Paul Gordon	21:47
2. Jim Freid	22:41
3. Gary Beals	23:08
4. Rick Wood	24:04
5. Luther McIntyre	24:20

Female 65 & Over

1, Margaret Haggerty	48:07
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Male 65 & over

1. George Kimberly	32:33
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